



GAME READY LEADERSHIP

PROGRAM: *Spencer Middle*

School

The GAME READY Leadership program is an after school based program that provides youth with an opportunity to learn fundamental movement skills and sport skills through a variety of games, activities, and drills. Participants receive one on one as well as group coaching from highly skilled staff. The program focuses on overall health and wellness of all participants, conducting regular debriefs, and focuses on developing leadership skills to help the participants' succeed in school, sports, & become positive role models in their community. The program will also prepare students for the transition to high school with planned learning opportunities & visits to Belmont Secondary.

PROGRAM GOALS:

- Students will feel more comfortable participating in recreation based school opportunities
- Students will have the confidence and knowledge to join a school or community based sports team
- Students will know the difference between Fundamental Movement Skills and how to perform them
- Students will learn strategies & skills to prepare them for their first year of high school

PROGRAM DETAILS:

Duration: September 2023 -June 2024

Program Days: Mondays (Grade 7) and Wednesdays (Grade 6)

Time: 3:00 pm – 5:00 pm

**Your child is expected to participate every day for the duration of the program term. Cell Phones are not to be used during Game Ready*

Participants: 20-25 students

Snacks: A daily snack is provided. (Please indicate any allergies or dietary restrictions)

Fees: Free of charge

First Day: Grade 7/8 Monday Program starts **Oct 16**; Grade 6 Wednesday starts **Oct 11**

PROGRAM CONTACTS:

Jeff Mock

Manager

250 681 4447

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PLEASE KEEP THIS PAGE FOR YOUR REFERENCE

Participant Information:

Child's Legal LAST Name _____ First Name _____ Grade _____ Age _____

Birthdate (month/day/year) _____ Child Care Card # _____

Address _____ City _____ Postal Code _____

Allergies/Dietary Restrictions: _____

List any medical conditions/fears/traumas/triggers that we should know about: _____

Contact Information:

Guardian Name _____ Primary Phone _____ Email _____

Guardian Name _____ Primary Phone _____ Secondary Phone _____

Emergency Contact _____ Relationship to child _____ Phone _____

Custody info: _____



Medical & Liability Release:

In the unlikely event that the participant named above is injured or becomes seriously ill while with this program, and I cannot be reached, I authorize the staff to seek and authorize any and all hospitalization, medical, dental, and/or surgical treatment deemed advisable by the circumstances. While every reasonable precaution is taken with this program, it is agreed that the providers and staff and volunteers are released from all liability for injury to the above named participant or for loss or damage to personal property.

Signature of Guardian:

Please note that without a guardian signature, your child cannot be admitted into this program



Pick Up Information:

Please check one of the following:

I will allow my child to **walk home** at the end of each program day (for children grades 4 – 7 or family groups only)

OR

I or a designated adult will **pick up** my child at the end of the program. **Please list names and contact numbers for designated adults** who have permission to pick up your child:

Name: _____ # _____

Name: _____ # _____

Name: _____ # _____

Signature of Guardian:

Your child will NOT be released to anyone not listed above without prior written or verbal consent

Gameready Fitness Program Funder - MEDIA RELEASE

By signing below, the participant's guardian:

- Authorizes Gameready Fitness to use photographs in which the participant(s) appears for marketing, promotional and educational purposes in any and all media including in printed and/or electronic media, including Gameready's website and on social media.

Signature of Guardian: _____ **Date:** _____